

Goal Defining Worksheet

○ **What do I want out of life?** _____

○ **What do I enjoy doing?** _____

○ **What am I good at?** _____

○ **What gets me motivated?** _____

○ **Who do I admire and why?** _____

○ **Where do I see myself in 5-10-15 years?** _____

5 _____

10 _____

15 _____

○ **?** _____
